



# Read Between the Lions



Reading Skills Program for All Ages

## Remediation for Reading Skills

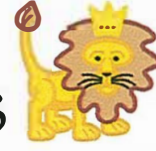


Lions Clubs International --- District 46  
Washoe County Lions Sight Conservation Committee  
[www.g-district.org/sites/welccc/page-6.php](http://www.g-district.org/sites/welccc/page-6.php)  
[www.readbetweenthelions.org](http://www.readbetweenthelions.org)





# Read Between the Lions



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## Screening & Remediation Regimen

**Object:** Screen for the jump eye movements required for reading.

**Screening:** Screening for Reading Skills

**Equipment:** Stop watch, screening sheets, score sheets

**Remediation:** 80 beats per minute to start; 120 beats per minute goal; 10 minutes/day

**Equipment:** Metronome/phone app, work sheets, marker

4  3  2  Random 2  Random 3 

The following steps are repeated out loud to a metronome beat; start at 80 beats, goal is 120 beats:

2 single numbers and letters parallel

Underlined single numbers and letters parallel

Underlined single numbers and letters random

Underlined double numbers and letters parallel (Repeat first/last only; 72/80 - L I/ON)

Underlined double numbers and letters random (Repeat first/last only; 72/80 - L I/ON)

**Goal:** 2 pages per day

**Time allotment:** Initial, 10 minutes; after 1 month, 5 minutes

Can be done in small groups

### Independent Remediation:

Count 100 lines in any book, repeat out loud the first and last letters on each line, to the metronome beat; start at 80 beats, goal is 120 beats.

5 20-line races: Every day repeat out loud the first and last letters on each line; use a stop watch.

Count 20 lines **Goal** 20 lines in 25 seconds

20 lines in 20 seconds

20 lines in 18 seconds

20 lines in 15 seconds

20 lines in 13 seconds

in any book

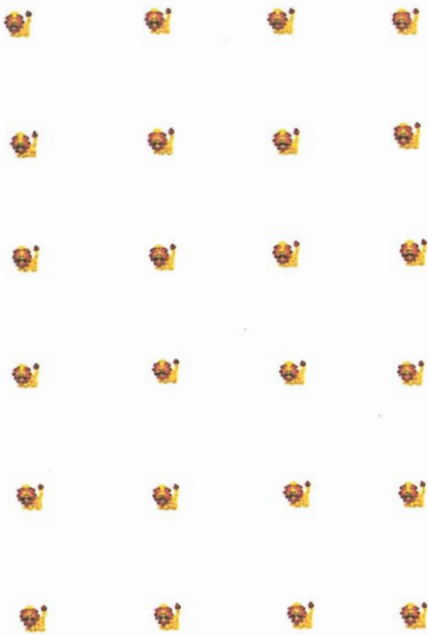


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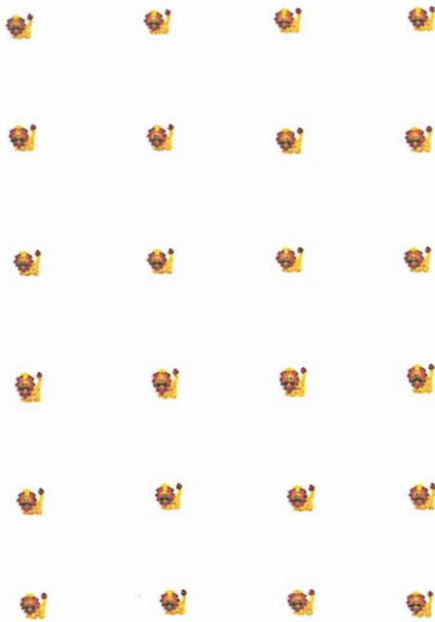
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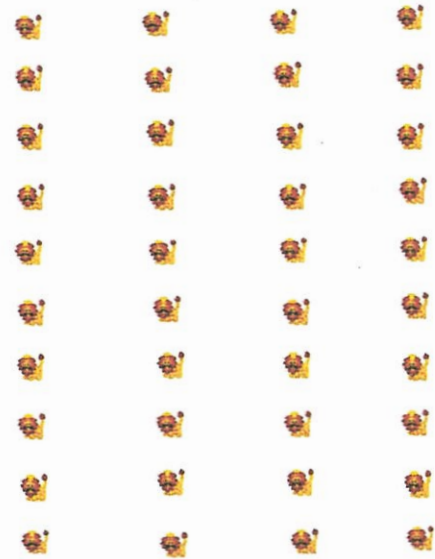
BEAT \_\_\_\_\_



BEAT \_\_\_\_\_



BEAT \_\_\_\_\_



BEAT \_\_\_\_\_



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BEAT \_\_\_\_\_

BEAT \_\_\_\_\_



BEAT \_\_\_\_\_

BEAT \_\_\_\_\_

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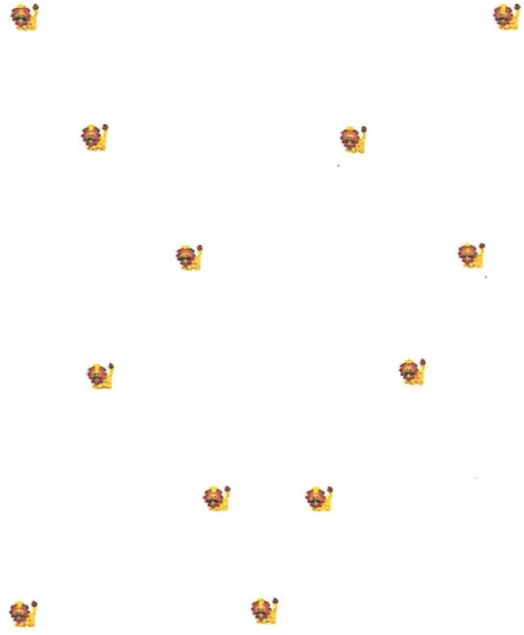
BEAT \_\_\_\_\_

BEAT \_\_\_\_\_



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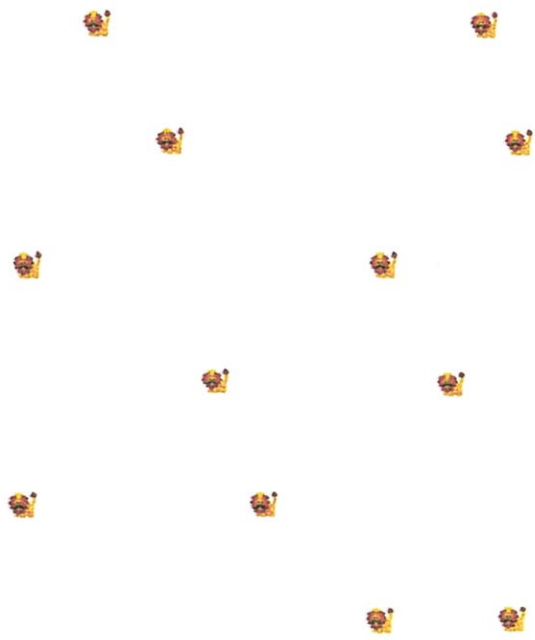
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BEAT \_\_\_\_\_



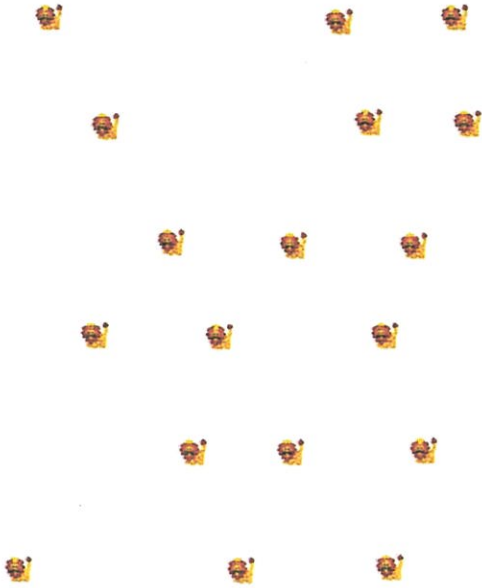
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BEAT \_\_\_\_\_



BEAT \_\_\_\_\_



BEAT \_\_\_\_\_



Read Between the Lions Reading Skills Program for All Ages



9

3

7

0

1

0

1

9

3

5

2

1

5

7

8

3

2

9

0

7

6

4

8

6

7

8

5

1

4

1

9

2

5

6

3

0

0

3

7

8

BEAT \_\_\_\_\_

BEAT \_\_\_\_\_

1

6

0

6

5

8

7

8

7

4

4

3

2

0

1

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3

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9

6

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4

9

8

0

8

7

2

4

1

3

7

9

0

6

3

7

BEAT \_\_\_\_\_

BEAT \_\_\_\_\_





Read Between the Lions Reading Skills Program for All Ages



K  
S  
J  
R  
A  
C  
X  
C  
H  
P

M  
Z  
T  
B  
G  
Y  
D  
F  
O  
R

H  
D  
L  
E  
K  
U  
G  
K  
S  
T

F  
W  
P  
O  
B  
N  
V  
R  
Q  
C

BEAT \_\_\_\_\_

BEAT \_\_\_\_\_

Q  
J  
T  
V  
K  
D  
Y  
E  
V  
M

Y  
M  
I  
X  
B  
P  
K  
F  
H  
D

R  
Q  
G  
F  
Z  
H  
E  
P  
A  
J

B  
W  
L  
N  
U  
X  
D  
V  
M  
T

BEAT \_\_\_\_\_

BEAT \_\_\_\_\_



Read Between the Lions Reading Skills Program for All Ages



1 2 3 4 5 6 7 8 9 0  
2 7 3 1 0 6 4 2 8 9  
6 8 0 3 4 1 8 5 9 2  
4 6 8 2 3 0 7 5 1 8  
8 5 4 1 9 7 3 6 4 2  
2 7 3 4 0 5 1 8 3 6  
4 9 5 7 3 2 6 8 1 2  
6 5 2 4 0 9 1 4 7 3  
5 4 8 6 1 0 7 3 2 8  
9 2 3 4 9 7 6 1 0 7

BEAT \_\_\_\_\_

9 6 5 1 3 7 2 0 8 4  
0 9 7 3 4 1 6 3 8 2  
3 2 9 1 7 8 6 3 0 5  
4 6 2 9 5 0 9 1 7 3  
0 5 4 9 0 7 8 4 6 3  
1 3 8 2 4 9 5 6 1 0  
6 1 4 7 3 9 8 0 2 3  
2 9 1 3 5 8 4 9 2 8  
7 2 9 3 4 2 1 5 6 4  
0 9 8 7 6 5 4 3 2 1

BEAT \_\_\_\_\_

8 2 6 4 3 7 0 1 9 5  
7 1 4 3 2 9 6 0 5 0  
5 8 0 3 6 2 9 4 7 1  
0 1 6 8 2 0 3 7 4 9  
3 1 6 4 8 2 9 3 7 0  
4 9 1 5 7 3 0 6 9 1  
7 6 3 0 5 4 9 2 8 7  
8 3 1 7 5 4 9 1 0 3  
5 1 7 6 3 5 9 0 7 1  
0 6 1 9 7 2 6 3 1 8

BEAT \_\_\_\_\_

0 4 3 1 9 8 6 7 5 2  
6 5 9 2 7 0 1 8 4 3  
3 6 1 0 9 3 2 4 5 7  
9 8 1 6 4 7 3 4 2 0  
7 0 5 3 2 8 1 9 4 6  
0 4 3 9 1 7 2 8 1 5  
5 1 6 2 8 3 4 7 0 9  
8 4 2 9 3 7 6 4 2 0  
4 0 5 6 2 8 3 4 5 9  
2 1 9 0 6 8 3 4 7 5

BEAT \_\_\_\_\_



D P X C T K P M Q F  
 A I N L S B H J E G  
 O A B R K Y M Q V P  
 M S A D B U N W L Z  
 R T L Y H A P C X M  
 G D X P B M X H A L  
 K M S A W P T X Q N  
 S J W Q P C G M Y Z  
 E H U T K W B P R D  
 X B L E M X R J G V

BEAT \_\_\_\_\_

A L S K D J F H G Y  
 Q P W O E R S U T N  
 M Z J X K C P Q B V  
 U G E P A S T B M D  
 W Z U L H F D T C S  
 N C D G P U K Q L B  
 S I H L K P N B M Q  
 N C E R G J V H Z K  
 A P B S L M K Z U N  
 V D R K H P W N C G

BEAT \_\_\_\_\_

H K R V B C U L D Q  
 P T X N U K J M S A  
 G F E I N P T O U Q  
 V S M O R A E N H D  
 L G E P X S P K B M  
 A U R N Q H X L P W  
 B Q T K P C E M X H  
 V L Q O E D F M U B  
 M K G D I C N O P S  
 P S W G W O N D T U

BEAT \_\_\_\_\_

G N T A U S V L K P  
 M B H Q X I N F D Y  
 R D W N P S A B K C  
 O F Z B I J L W X N  
 G V P S L E R C Z O  
 S U Y I N S A O M D  
 Z V B P K L M T Y P  
 B R O Y M Q A Z C K  
 P G M I A X B K Q R  
 U C Z P Q D K H E L

BEAT \_\_\_\_\_



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1 2 3 4 5 6 7 8 9 0  
 2 7 3 1 0 6 4 2 8 9  
6 8 0 3 4 1 8 5 9 2  
 4 6 8 2 3 0 7 5 1 8  
 8 5 4 1 9 7 3 6 4 2  
 2 7 3 4 0 5 1 8 3 6  
 4 9 5 7 3 2 6 8 1 2  
 6 5 2 4 0 9 1 4 7 3  
5 4 8 6 1 0 7 3 2 8  
 9 2 3 4 9 7 6 1 0 7

BEAT \_\_\_\_\_

9 6 5 1 3 7 2 0 8 4  
 0 9 7 3 4 1 6 3 8 2  
 3 2 9 1 7 8 6 3 0 5  
 4 6 2 9 5 0 9 1 7 3  
 0 5 4 9 0 7 8 4 6 3  
 1 3 8 2 7 3 5 6 1 0  
6 1 4 7 3 9 8 0 2 3  
 2 9 1 3 5 8 4 9 2 8  
 7 2 9 3 4 2 1 5 6 4  
 0 9 8 7 6 5 4 3 2 1

BEAT \_\_\_\_\_

8 2 6 4 3 7 0 1 9 5  
 7 1 4 3 2 9 6 0 5 0  
 5 8 0 3 6 2 9 4 7 1  
0 1 6 8 2 0 3 7 4 9  
 3 1 6 4 8 2 9 3 7 0  
 4 9 1 5 7 3 0 6 9 1  
 7 6 3 0 5 4 9 2 8 7  
 8 3 1 7 5 4 9 1 0 3  
 5 1 7 6 3 5 9 0 7 1  
 0 6 1 9 7 2 6 3 1 8

BEAT \_\_\_\_\_

0 4 3 1 9 8 6 7 5 2  
 6 5 9 2 7 0 1 8 4 3  
 3 6 1 0 9 3 2 4 5 7  
 9 8 1 6 4 7 3 4 2 0  
7 0 5 3 2 8 1 9 4 6  
 0 4 3 9 1 7 2 8 1 5  
 5 1 6 2 8 3 4 7 0 9  
 8 4 2 9 3 7 6 4 2 0  
 4 0 5 6 2 1 3 5 4 9  
 2 1 9 0 6 8 3 4 7 5

BEAT \_\_\_\_\_



D P X C T K P M Q F  
 A I N L S B H J E G  
Q A B R K Y M Q V P  
 M S A D B U N W L Z  
 R T L Y H A P C X M  
 G D X P B M X H A L  
 K M S A W P T X Q N  
S J W Q P C G M Y Z  
 E H U T K W B P R D  
 X B L E M X R J G V

BEAT \_\_\_\_\_

A L S K D J F H G Y  
Q P W O E I R U T N  
 M Z J X K C P Q B V  
 U G E P A S T B M D  
 W Z U L H F D T C S  
 N C D G P U K Q L B  
 S T H L K P N B M Q  
N C E R G J V H Z K  
 A P B S L M K Z U N  
 V D R K H P W N C G

BEAT \_\_\_\_\_

H K R V B C U L D O  
 P I X N U K J M S A  
 G F E I N P T O U Q  
 V S M Q R A E N H D  
L G E P X S P K B M  
 A U R N Q H X L P W  
 B Q T K P C E M X I  
V L Q O E D F M U B  
 M K G D T C N O P S  
 P S W G W Q N D T N

BEAT \_\_\_\_\_

G N T A U S V L K P  
 M B H Q X I N F D Y  
R D W N P S A B K C  
 O F Z B I J L W X N  
 G V P S L E R C Z O  
 S U Y I N S A O M D  
 Z V B P K L M I Y P  
 B R O Y M Q A Z C K  
 P G M T A X B K Q R  
 U C Z P Q D K H E L

BEAT \_\_\_\_\_



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12 34 56 78 90 23 34 45 60 71  
86 57 62 74 89 31 15 97 18 21  
33 92 40 88 53 29 14 45 19 59  
40 25 19 72 58 10 37 22 84 62  
55 23 61 49 37 91 49 88 33 67  
39 26 79 16 59 67 20 49 88 11  
91 38 62 27 28 57 10 95 83 76  
50 83 41 25 77 62 19 99 65 33  
25 66 30 81 44 79 59 20 52 93  
40 29 55 93 19 22 38 92 74 95

BEAT \_\_\_\_\_

81 27 44 90 45 31 15 21 19 59  
62 40 88 27 77 19 21 55 92 11  
41 25 62 19 17 34 59 37 66 60  
28 77 91 27 85 21 73 52 48 26  
55 16 94 73 19 94 87 33 76 93  
62 97 61 95 76 19 57 33 15 83  
33 99 56 26 14 83 19 64 52 47  
55 38 14 52 44 26 91 39 56 27  
51 16 13 18 27 97 95 52 25 39  
79 92 45 39 91 84 83 29 47 59

BEAT \_\_\_\_\_

78 23 34 60 56 45 15 61 87 90  
68 75 26 47 98 13 51 79 81 12  
23 61 39 75 35 10 41 54 91 54  
35 20 14 68 53 11 32 17 79 58  
47 16 52 41 32 88 57 22 63 75  
53 45 72 15 81 25 55 49 88 92  
19 83 26 72 82 75 91 59 38 67  
25 29 30 55 19 44 22 59 74 41  
76 16 93 57 11 88 20 99 25 39  
93 38 40 27 87 16 82 29 47 59

BEAT \_\_\_\_\_

14 46 77 92 22 19 56 33 88 64  
55 32 16 95 76 94 11 56 29 24  
83 62 47 18 23 21 54 75 99 54  
54 55 15 16 41 33 31 27 62 83  
19 83 26 72 82 75 32 49 21 41  
52 66 13 11 91 97 83 29 47 59  
38 27 10 37 67 59 44 25 48 93  
74 32 67 38 27 13 59 87 32 93  
22 55 77 92 15 61 37 18 49 19  
28 13 95 33 59 92 44 21 80 72

BEAT \_\_\_\_\_



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KA KS LD IE KR UT UP PQ FP IR  
 AB CD EF GH IJ KL MN OP QR ST  
 AK SK DL RK ET ZK YD TG GR XC  
 DV HM KH JA JR GB MR RH BM LR  
 SW EM PH MM CR CS CH DL KP TJ  
 UT PQ KR PF HH QB DR YN BG OK  
 CA NV TN NY SD SC WY OR WA AZ  
 HI NY MN MD NB TX UT ND NC WV  
 VA AL CO DE FL GA IA KS LA MA  
 MS NJ OH PA JA AB CD TT UV XT  
 BEAT \_\_\_\_\_

GH QB TX CD UV WY TN ST QR LJ  
 EM JA EG YN BG QA MA DA GB GH  
 AC VN NT DS AG BA DC VU RG CX  
 AL CD MB RL HG MJ YW TS MB AM  
 WS ME HP SS RC SC HD LD PK JD  
 TU OC AP BA DC TT QA NY YZ KO  
 AC VN NT DS CD RO ZA AW AL AM  
 NI AP GE BW BN LR HC RH ME WF  
 AB ME AQ BB QB HB PP GH BS TC  
 AJ GB OW XI PY DC TX SB DL CA  
 BEAT \_\_\_\_\_

FW MA CH BQ AA CO NB EM YP BS  
 XC GR UV CD AB GA SD NV NT CA  
 AB TI LD OR XT BS AC PA HG DY  
 KO BP ET CP EP VW NI WP BY CR  
 DJ KP DL CH CS OR AX HR SB IJ  
 ME CO PA YP SI KK SA AS JA BS  
 YM BY KA FT AY AR CT BT WY DO  
 SD SN BW CN MK RB IL AR AL WC  
 LS CC DG UO TW TB WG TG BS FR  
 BT KD SF RM WG ET AV AM SD TI  
 BEAT \_\_\_\_\_

WF AM HC QB DD OC BN ME PY SB  
 CX RG VU DC BA AG DS VC TN AC  
 BA KK DL RO XT SB CA AP GH YD  
 OK PB TE PC PE VW IN PW YB RC  
 JD PK LD HC SC RO XA RH BS PO  
 EM OC PA PY IS MR AS SA AJ SB  
 MY YB AK TF UA RA TC TB BI OC  
 DS NS WB NC KM BR LT RA LA IJ  
 RR VV GD OU WT BT GW GT RF TI  
 TB DK SF MR GW TE VA MA DS TE  
 BEAT \_\_\_\_\_



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12 34 56 78 90 23 34 45 60 71  
 86 57 62 74 89 31 15 97 18 21  
 33 92 40 88 53 29 14 45 19 59  
40 25 19 72 58 10 37 22 84 62  
 55 23 61 49 37 91 49 88 33 67  
 39 26 79 16 59 67 20 49 88 11  
 91 38 62 27 28 57 10 95 83 76  
50 83 41 25 77 62 19 99 65 33  
 25 66 30 81 44 79 59 20 52 93  
 40 29 55 93 19 22 38 92 74 95

BEAT \_\_\_\_\_

81 27 44 90 45 31 15 21 19 59  
 62 40 88 27 77 19 21 55 92 11  
 41 25 62 19 17 34 59 37 66 60  
 28 77 91 27 85 21 73 52 48 26  
55 16 94 73 19 94 87 33 76 93  
 62 97 61 95 76 19 57 33 15 83  
 33 99 56 26 14 83 19 64 52 47  
 55 38 14 52 44 26 91 39 56 27  
 51 16 13 18 27 97 95 52 25 39  
 79 92 45 39 91 84 83 29 47 59

BEAT \_\_\_\_\_

78 23 34 60 56 45 15 61 87 90  
 68 75 26 47 98 13 51 79 81 12  
 23 61 39 75 35 10 41 54 91 54  
 35 20 14 68 53 11 32 17 79 58  
 47 16 52 41 32 88 57 22 63 75  
53 45 72 15 81 25 55 49 88 92  
 19 83 26 72 82 75 91 59 38 67  
 25 29 30 55 19 44 22 59 74 41  
 76 16 93 57 11 88 20 99 25 39  
 93 38 40 27 87 16 82 29 47 59

BEAT \_\_\_\_\_

14 46 77 92 22 19 56 33 88 64  
 55 32 16 95 76 94 11 56 29 24  
83 62 47 18 23 21 54 75 99 54  
 54 55 15 16 41 33 31 27 62 83  
 19 83 26 72 82 75 32 49 21 41  
 52 66 13 11 91 97 83 29 47 59  
 38 27 10 37 67 59 44 25 48 93  
 74 32 67 38 27 13 59 87 32 93  
22 55 77 92 15 61 37 18 49 19  
 28 13 95 33 59 92 44 21 80 72

BEAT \_\_\_\_\_





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KA KS LD IE KR UT UP PQ FP IR  
AB CD EF GH IJ KL MN OP QR ST  
 AK SK DL RK ET ZK YD TG GR XC  
 DV HM KH JA JR GB MR RH BM LR  
 SW EM PH MM CR CS CH DL KP TJ  
 UT PQ KR PF HH QB DR YN BG OK  
 CA NV TN NY SD SC WY OR WA AZ  
HI NY MN MD NB TX UT ND NC WV  
 VA AL CO DE FL GA IA KS LA MA  
 MS NJ OH PA JA AB CD TT UV XT  
 BEAT\_\_\_\_\_

GH QB TX CD UV WY TN ST QR LJ  
 EM JA EG YN BG QA MA DA GB GH  
AC VN NT DS AG BA DC VU RG CX  
 AL CD MB RL HG MJ YW TS MB AM  
 WS ME HP SS RC SC HD LD PK JD  
 TU OC AP BA DC TT QA NY YZ KO  
AC VN NT DS CD RO ZA AW AL AM  
 NI AP GE BW BN LR HC RH ME WF  
 AB ME AQ BB QB HB PP GH BS TC  
 AJ GB OW XI PY DC TX SB DL CA  
 BEAT\_\_\_\_\_

FW MA CH BQ AA CO NB EM YP BS  
 XC GR UV CD AB GA SD NV NT CA  
 AB TT LD OR XT BS AC PA HG DY  
KO BP ET CP EP VW NI WP BY CR  
 DJ KP DL CH CS OR AX HR SB IJ  
 ME CO PA YP SI KK SA AS JA BS  
 YM BY KA FT AY AR CT BT WY DO  
 SD SN BW CN MK RB TL AR AL WC  
 LS CC DG UO TW TB WG TG BS FR  
 BT KD SF RM WG ET AV AM SD TI  
 BEAT\_\_\_\_\_

WF AM HC QB DD OC BN ME PY SB  
 CX RG VU DC BA AG DS VC TN AC  
 BA KK DL RO XT SB CA AP GH YD  
OK PB TE PC PE VW IN PW YB RC  
 JD PK LD HC SC RO XA RH BS PO  
 EM OC PA PY IS MR AS SA AJ SB  
 MY YB AK TF UA RA TC TB BI OC  
 DS NS WB NC KM BR LT RA LA IJ  
 RR VV GD OU WT BT GW GT RE TI  
 TB DK SF MR GW TE VA MA DS TE  
 BEAT\_\_\_\_\_