



Read  
Between  
the  
Lions

Reading Skills Program for All Ages

Screening & Remediation

R.I.D.S.

Keeping (their) Individual Dreams Strong

R.E.A.D.

Reading Early Activates (their) Dreams



Lions Clubs International --- District 46  
Washoe County Lions Sight Conservation Committee  
[www.e-district.org/sites/welscc/page-6.php](http://www.e-district.org/sites/welscc/page-6.php)  
[www.readbtwenthelions.org](http://www.readbtwenthelions.org)





# Read Between the Lions



## Reading Skills Program for All Ages

### Screening & Remediation

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Dear Lions Club,

Thank you again to Janyce Rossall, the Lions Club, and all of the generous volunteers for their commitment and dedication to helping our first grade students at Echo Loder Elementary school.

As an educator, one of my priorities is helping students gain the skills to become successful lifelong readers. Many of my students struggle with reading and fluency. Let us face it, if reading is difficult for a student, they are less likely to want to practice or read for pleasure. My students practice their high frequency words and learn strategies to decode unknown words, but still struggled reading fluently. Students are expected to be able to read 60 words per minute to be considered fluent readers by the end of first grade. There is continued pressure for educators to help students read at grade level to avoid retention as mandated by the recently adopted Nevada K.I.D.S Read program, which requires interventions for all K-3 students who are struggling in reading.

When Janyce approached me in November of 2017, I learned about the program they have for jump eye movement screening. Kindergarten and First grade are crucial years where students are learning foundational skills to become successful readers. In kindergarten, most student text are single lined sentences accompanied with a picture. When students come to first grade, their on level reading material contains approximately 60-80 words. When students complete first grade they are expected to read a DRA level 16 with full fluency and comprehension. Reading fluency and comprehension go hand in hand--if you are not a fluent reader and skip lines of text, you cannot comprehend the text. A DRA 16 contains less picture support, varied sentence patterns, has up to six lines of text on each page and contains approximately 250-350 words. What a big leap! The program the Lions Club conducts just makes sense. Students will be unable to read high level, multi-lined text, at a rate of 60 words per minute if their eyes simply do not have the ability to track word to word, phrase to phrase, and wrap their reading to continue to the next line. My students and their parents would have never known they struggled with this eye movement if it were not for the Lions Club because this is not something tested or monitored with yearly eye exams by their doctor.

At first, I was so excited about the program, but with 26 students and all of the required instructional minutes and curriculum, I told her that I simply did not have the time to set aside to do this with my students. Janyce along with many volunteers offered to come in one morning to screen over 100 first graders. The entire process took under 1 hour! After analyzing their data, they selected six students from my class that scored "at risk" and stated that they would benefit from daily metronome practice. Those six students struggled with reading fluency, but sadly, I did not have the time to pull another small group to practice each day in addition to the guided reading and reading intervention they receive under the Nevada K.I.D.S Read mandate.

Again, Janyce and her wonderful volunteers offered to come in daily for ten minutes to work with those struggling students. Janyce and her crew were excited and committed! They came every day and graciously worked around our busy schedule of testing and our end of the year activities. The Lions Club supplied the metronome practice activities and materials. The students looked forward to meeting with the Lions Club and often referred to themselves as "The

Lions Club Kids." The daily activities were fun, engaging, and students did not even realize they were actually practicing a reading skill. These students were eager to practice and became more confident as readers with the encouragement and practice provided by the Lions Club.

Washoe County School District uses a program called Aimsweb Plus to progress monitor student ORF (oral reading fluency) by giving them a timed passage to calculate how many words they are reading per minute. Below are the scores for the six students that the Lions Club worked with:

Student	ORF words per minute (Fall)	ORF words per minute (Spring)
A	13	46
B	2	14
C	2	37
D	5	22
E	22	52
F	6	54

I sincerely believe that the work that the Lions Club did with my students helped improve their oral reading fluency. Thank you again for your dedication and commitment. We look forward to working with you in the 2018-2019 school year!

Sincerely,

Lauren Kendryna  
1st Grade Teacher  
Echo Loder Elementary



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INTERNATIONAL PRESIDENT  
LIONS CLUBS INTERNATIONAL

Dear Lion Janyce,

*Namaste!*

It is my honor, as your President, to present to you the International President's Award for your outstanding service to Lions Clubs International.

This International President's Award is an expression of our appreciation for leadership in the implementation of Centennial Community Legacy Projects that are high-profile, high-impact and instill pride in Lions. Your hard work serves as an example to the Lions, your community and the world around you. It is encouraging to know that together *We* can accomplish so much.

Along with this award, I would like to express my personal gratitude for your efforts and accomplishments. I know you will continue to enrich the lives of your fellow club members and others and to provide even greater humanitarian service, as we begin our next century of service.

*United in Action through the Power of We*

Sincerely,

The global leader in humanitarian service.





# Read Between the Lions



Reading Skills Program for All Ages

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**K.I.D.S.**

**Keeping (their) Individual Dreams Strong**

**R.E.A.D.**

**Reading Early Activates (their) Dreams**

Read Between the Lions Reading Skills Program for All Ages is a reading skills program developed to identify a keystone visual skill, the **jump eye movements NECESSARY for reading**.

The program is designed to first of all identify a lack of coordinated jump eye movements using 3 timed eye movement tests, done in about 5 minutes. Statistically, 20% of the population, through all ages, cannot track for reading using jump eye movements. The next step is to offer effective, user-friendly remediation proven to train the eye muscles to work together by using repetitive focusing techniques, and includes an eye-hand coordination fine motor skill.

Early detection is the key to getting children on track to being successful readers. We used Nevada's 2015 Read by Grade 3 Program as our goal. It is the law in many states that children must read to a standard by the end of grade 3, or face being held back. We developed the program for use starting with first graders (6 years old). This is the age they begin to use their eyes to read.

The Lions Clubs volunteer pilot program was introduced in the Washoe County School District, in Reno, Nevada, using mass screenings of several hundred children. Volunteers then demonstrated the effective use of remediation with proven results (please see following testimonial).

**FREE FORMS:** The Read Between the Lions jump eye movements screening and remediation protocol and the forms being used in the program are available for use **free of charge** to everyone at the below websites.



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# Read Between the Lions



## Reading Skills Program for All Ages

### Screening & Remediation Regimen

- Object:** Screen for the jump eye movements required for reading.
- Screening:** Screening for Reading Skills
- Equipment:** Stop watch, screening sheets, score sheets
- Remediation:** 80 beats per minute to start; 120 beats per minute goal; 10 minutes/day
- Equipment:** Metronome/phone app, work sheets, marker

4  3  2  Random 2  Random 3 

The following steps are repeated out loud to a metronome beat; start at 80 beats, goal is 120 beats:

- 2 single numbers and letters parallel
- Underlined single numbers and letters parallel
- Underlined single numbers and letters random
- Underlined double numbers and letters parallel (Repeat first/last only; 72/80 - L I/ON)
- Underlined double numbers and letters random (Repeat first/last only; 72/80 - L I/ON)

- Goal:** 2 pages per day
- Time allotment:** Initial, 10 minutes; after 1 month, 5 minutes  
Can be done in small groups

#### Independent Remediation:

Count 100 lines in any book, repeat out loud the first and last letters on each line, to the metronome beat; start at 80 beats, goal is 120 beats.

- 5 20-line races: Every day repeat out loud the first and last letters on each line; use a stop watch.
- Count 20 lines in any book
- |      |                        |
|------|------------------------|
| Goal | 20 lines in 25 seconds |
|      | 20 lines in 20 seconds |
|      | 20 lines in 18 seconds |
|      | 20 lines in 15 seconds |
|      | 20 lines in 13 seconds |



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